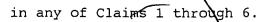
CLAIMS

- An exercise endurance enhancer characterized by comprising
 -)-hydroxycitric acid of a lactone form thereof, or a salt thereof,
 as active ingredient.
- 2. An exercise endurance enhancer characterized by comprising (-)-hydroxycitric acid or a water-soluble salt of (-)-hydroxycitric acid as active ingredient.
- 3. An exercise endurance enhancer characterized by comprising (-)-hydroxycitric acid or a lactone form thereof, or a salt thereof, as originating from an extract of garcinia pericarps containing (-)-hydroxycitric acid or a lactone form thereof, or a salt thereof, as active ingredient.
- 4. An exercise endurance enhancer characterized by comprising (-)-hydroxycitric acid or a water-soluble salt of (-)-hydroxycitric acid as originating from an extract of garcinia pericarps containing (-)-hydroxycitric acid or a lactone form thereof, or a salt thereof, as active ingredient.
- 5. The exercise endurance enhancer defined in either Claim 3 or Claim 4 wherein the garcinia is <u>Garcinia cambogia</u>, <u>Garcinia indica or Garcinia atroviridis</u>.
- 6. The exercise endurance enhancer defined in either Claim 2 or Claim 4 wherein the water-soluble salt of (-)-hydroxycitric acid is the sodium salt or the potassium salt.
 - 7. A food containing the exercise endurance enhancer defined



8. The food defined in Claim, which is a confection, a drink, a sport food, a sport drink, a health food, a seasoning, a food ingredient, a noodle, a bakery food, a cereal food or a retort food.

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